

CURRICULUM VITAE

BADRI (BUD) GANESH RICKHI

BIOGRAPHICAL DATA

Name: Dr. Badri (Bud) Ganesh Rickhi

Address: Canadian Institute of Natural and Integrative Medicine
2020 18th Street N.W.
Calgary, Alberta T2M 3T1, Canada
Telephone: 403-220 0022, Fax: 403-210-2080

Citizenship: Canadian

D.O.B. Jan 19, 1946

Present Rank: Clinical Associate Professor of Medicine - Department of Psychiatry,
University of Calgary

ACADEMIC RECORD

Final degree:	M.B, B.S.	1974
	L.M.C.C.	1983
	E.C.F.M.G.	1974
Specialty:	Psychiatry	1980
	University of Toronto	
Undergraduate:	Pre-Med and Medical Programme	1974
	University of West Indies	
Special Professional:	Certification in Medical Acupuncture	1992
	University of Alberta	
Licensure:	F.R.C.P.(C)	1980
	License to Practice Medical	1992
	Acupuncture, College of Physicians and Surgeons of Alberta	

AWARDS AND DISTINCTIONS

Dr. Rogers Prize for Excellence in Complementary & Alternative Medicine – 2009

Gold Star Awards – Excellence in teaching awarded in 1983, 1984 and 1985, University of Calgary.

Gold Medal – St. Mary's College, Trinidad (Excellence in all activities combined)

Silver Medals – cricket, soccer, field hockey

ACADEMIC APPOINTMENTS

1. Department

- 1984 - Present
Clinical Associate Professor
Department of Psychiatry, Faculty of Medicine
University of Calgary, Calgary, Canada.
- 1985 – 1987
Residency Training Committee Member
- 1982 - 1984
Co-Director, Clinical Teaching Inpatient Unit, Foothills Hospital,
Calgary.

2. Hospital

- 1992 - 1993
Director Forensic Division, Young Offenders Program,
Calgary General Hospital, Calgary, Canada.
- 1987 - 1993
Deputy Director, Department of Psychiatry,
Calgary General Hospital, Calgary, Canada.
World Health Organization Center of Excellence
in three categories.
- 1987 - 1993
Director, Outpatient Psychiatric Services, Calgary General Hospital,
Calgary, Canada.
- 1987 - 1993
Acting Director, Day Hospital Program, Calgary General Hospital
- 1983 – 1984
Acting Director, Day Hospital Program, Foothills Hospital
- 1982 - 1983
Acting Director and Consultant, Progressive Treatment Unit,
Foothills Hospital.
- 1982 - 1984
Consultant, Foothills Hospital,
Acute Admissions, Units 21 and 22.

2. Community

- 1982 - Present
Consultant Psychiatrist
Alberta Mental Health Services
- 2004 - Present
Research Chair
Canadian Institute of Natural and Integrative Medicine
Calgary, Canada.

2002 – 2004 (Past Position)	Executive Director Canadian Institute for Natural and Integrative Medicine (formerly Research Centre for Alternative Medicine), Calgary, Canada.
1993 – 2002	Executive Director Research Centre for Alternative Medicine Calgary, Canada.
1981 - 1982	Lecturer, Department of Psychiatry, McMaster University, Hamilton, Canada. Tutor: Phase IV Medicine: Phase IV Preparation For L.M.C.C. Examination Psychotherapy Supervisor and Tutor: C.B.S. Seminar Tutor: Emergency Psychiatry Management; Preparation for Oral Fellowship Exams; Introduction to Phenomenology; Community Mental Health

EDUCATIONAL ACTIVITIES

1. Undergraduate

2006	Clinical Core Bedside Teaching. Department of Psychiatry.
2006	Mind Correlation Program, Bedside Teaching Seminars. Department of Psychiatry
2003 – Present	University of Calgary, Faculty of Medicine, Faculty Advisor for 5 Medical Students
2003	University of Calgary, Faculty of Medicine, Medical Skills Program Complementary and Alternative Medicine Health Fair for first year med students
1987 – 1993	Calgary General Hospital Coordinator – Clinical Clerkship Rotation for Psychiatry
1982 - 1984	Preceptor – First Year Medical Students.
1983 - 1984	L.M.C.C. Revision Lecturers – all lectures for psychiatry

2. Postgraduate

1997 -2004	Experiences from Eastern and Western Paradigms - Models of Healing. Presented for the course: Mind/Body Integration:
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Philosophical Foundations. Faculty of Nursing, University of Calgary. Winter and Spring terms.

- 1982 – 1984 Development of Foothills Hospital Clinical Teaching Unit
- 1982 - 1984 Rural Community Mental Health Programme – developed for Clinical Clerks and Residents.
- 1982 - 1993 Preceptor – Psychotherapy Residents (30).
- 1982 - 1993 Fellowship Written Exam Seminars – developed for Residents.
- 1982 - 1993 Fellowship Oral Exam Seminars – Residents programme.
- 1982 - 1993 Consultation Liaison for Psychiatry – participation in development
- 1999 - 2000 Alternative Medicine. Department of Family Medicine, Calgary Regional Health Authority, Block Seminar Series

3. Continuing Medical Education

- May 2009 North American Research Conference on Complementary & Integrative Medicine (CAHCIM) – May 11-12, 2009. Minneapolis, MN, USA.
- Feb 2009 National Summit on Integrative Medicine (IOM) Institute of Medicine in Washington D.C.– Feb 25-27, 2009
- Nov 2008 Consortium of Academic Health Centers for Integrative Medicine North American Research (CAHCIM) – Annual meeting, Nov 10-13, 2008
- Nov 2007 Consortium of Academic Health Centers for Integrative Medicine North American Research (CAHCIM) – Annual meeting, Nov 4-7, 2007
- Sept 2007 Complementary and Alternative Medicine (CAM) & Mental Health “Integrative Medicine and Mental Health with Focus on Energy Medicine” Southern Alberta, Sept 1, 2007
- April 2007 Consortium of Academic Health Centers for Integrative Medicine North American Research (CAHCIM) – Spring Steering Committee Meeting. April 29-May 1, 2007. Portland, OR, USA.
- March 2007 Alberta Psychiatric Association Annual Meeting. March 23 & 24, 2007. Banff, Alberta, Canada.
- March 2007 Department of Psychiatry, 20th Annual Sebastian K. Littman Research Day. March 2, 2007. Calgary, Alberta, Canada.

Nov. 2007	Consortium of Academic Health Centers for Integrative Medicine North American Research (CAHCIM) – 2007 Annual Conference. Duke Centre for Integrative Medicine. November 5-8, 2007. Washington, D.C, USA.
Nov. 2006	Consortium of Academic Health Centers for Integrative Medicine North American Research (CAHCIM) – 2006 Annual Conference. Duke Centre for Integrative Medicine. November 11-15, 2006. Durham, North Carolina, USA.
Oct. 2006	Calgary Health Region – 2006 Exploring Health & Healing: Connecting Body, Mind & Community. Banff, Alberta.
2006	Consortium of Academic Health Centers for Integrative Medicine North American Research Conference on Complementary and Integrative Medicine -Organizing Committee Consortium of Academic Health Centers for Integrative Medicine 33 University Centres co-operating to develop Integrative Medicine Programs in academic centres in the area of 1) clinical units 2) education programs 3) research and evaluation programs.
Consortium of Academic Health Centers for Integrative Medicine - Committee Memberships	
2004 – Present	Clinical Working Group Outcomes Research Sub-Committee
2004 - Present	Executive Committee
2004 – Present	Nomination Committee
2004 – Present	Integrative Medicine Definition Committee
2004 – Present	Planning Committee
2003 - Present	Steering Committee Member
2003 – Present	Clinical Working Group Member
1999 -2000	Psychiatry and Complementary Medicine- Common Alternate Medications used, Evening Course Program, Faculty of Medicine, Continuing Medical Education

4. Other

2004 – 2006	Supervisory and Examining Committee for MSc student, Faculty of Medicine Dept of Community Health Service, Calgary, Canada
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2004 – 2006 Supervisor for three Calgary family physicians,
Subspecialty Certification in Integrative Medicine
University of Arizona. [scholarship funds raised \$92,000 Canadian]

2004 University of West Indies – Consultation on Education Programs

5. Life-Long Learning

1999 - Present Strategic Coach Program: Masters Level – Executive Training

1990 - Present Specialized training in the areas of: Ayurvedic medicine (developed in India), traditional Chinese medicine, Tibetan medicine, German biological medicine, acupuncture, Ryodaraku (Japanese medicine) and homeopathy.

Workshops (1998 - 2005)

Rickhi B. Integrative Health Institute, Mount Royal College Retreat, Sessional Participant

Rickhi B & Moritz S. Research in Integrative Medicine. 4th Annual CAMera Research Symposium: Building CAM Research Case by Case. Edmonton, June 15, 2005

Rickhi, B. Workshop Session: Stress and its Hidden Dangers. Presented at Exploring Health And Healing. Kananaskis June 3, 2005. Calgary Health Region Workshop Series.

Rickhi B. 2nd Annual Complementary and Alternative Medicine research Symposium, Integrative Health Care. June 21, 2003

Rickhi B. Workshop Series: Discovering your Intuitive and Spiritual Self I-IV. Presented at the Scripp's Clinic Wellness Week, Hawaii, November, 2002.

Rickhi, B. The Role of Complementary Medicine in Diabetes and Heart Disease. 36th Annual Mackid Symposium – Getting to the Heart of Diabetes may 2002

Rickhi B. Workshop Series: Discovering your Intuitive and Spiritual Self I-IV. Presented at the Scripp's Clinic Wellness Week, Hawaii, November 7-9, 2000.

PROFESSIONAL ACTIVITIES

1. Medical Association Memberships

2003 – Present Consortium of Academic Health Centres for Integrative Medicine

1982 – Present Alberta Medical Association

1982 – Present Canadian Medical Association

1982 – Present Royal College of Physicians and Surgeons

1996 – 2004 Vice-President
Canadian Medical Acupuncture Society

2. Professional Associations

2002 – Present Director NUCCRA National Upper Cervical Chiropractic Research Association (Canada)

2001 - Present Director
Sri Narayani Charitable Foundation
#403, 505 Canyon Meadows Dr. SW
Calgary, Alberta

1996 – 2001 Board Member
Occidental Research Institute Foundation.

3. Educational Consultation

A) Provincial

2005 – Present Advisory Committee, Integrative Health Institute at Mount Royal College Faculty of Health and Community Studies, Mount Royal College

2004 – 2009 Calgary Health and Wellness Strategy Task Force Advisor

2004 –2006 2006 Academic Conference; Harvard, University of San Francisco, University of Alberta, University of Calgary, CINIM

1998 Address to Alberta Medical Association re: Integrative Medicine

B) National

2005 External Evaluator for promotion, Dept. of Psychiatry, University of Western Ontario

2005 Panel Member for Grant Applications: Sick Kids Foundation, Toronto, Ontario

1999 - 2002 Appointed Member, Advisory Group on Complementary and Alternative Health Care, Health Canada.

1997 Meeting of College of Physicians & Surgeons – all provinces present to discuss Integrative Medicine

1997 Academic program evaluation and training for The Acupuncture Foundation of Canada, Toronto

C) International

2005 – Present	Technical Expert Member for Evidence Report on the Effectiveness of Meditation in Healthcare, requested and funded by the National Centre for Complementary and Alternative Medicine (NCCAM), NIH. The report will be used to inform the NCCAM research agenda.
2005 – 2004	Medical Advisory Board Indigo Elite Care, Chicago
2003 – Present	Journal Reviewer: Alternative Therapies in Health and Medicine
2005	Distinguished Lecture Series: University of Medicine and Dentistry of New Jersey, Newark, New Jersey, USA
2005	Evaluation team member for the Schneider's Children's Hospital in Israel
2004 –2005	Bravewell Fellowship Committee: on Advisory Committee [only Canadian member] to develop a blueprint for implementation of integrative healthcare clinics in conventional settings.
2001	Advisor, to create Integrative Medicine Program, Union of South Africa Medical Association for Integrative Medicine

RESEARCH SUPPORT

Completed Research Projects

Spirituality and Depression: A randomized-controlled trial.

Investigator: Sabine Moritz. Co-Investigator: Badri Rickhi

October 2004 – September 2006

Funder: Lotte & John Hecht Memorial Foundation \$10,000.00

Acupuncture for Lower Back Pain and Health Resource Use

Investigator: Sabine Moritz, Hude Quan, Co-Investigator: Badri Rickhi

July 2003 – June 2005

Funder: Lotte and John Hecht Memorial Foundation and the Norlein Foundation

Towards integration of complementary and conventional medicine: a survey among general and complementary therapy practitioners.

Investigator: Sabine Moritz, Hude Quan, Co-Investigator: Badri Rickhi

September 2001 – March 2004

Funder: Lotte and John Hecht Memorial Foundation, Tao Foundation and Norlein Foundation \$95,000.00

Opinions of health policy makers on integration of complementary and conventional medicine: A combined quantitative study and document review

Investigator: Sabine Moritz, Kelly Hardwick, Co-Investigator: Badri Rickhi

April 2003 – March 2004

Funder: Max Bell Foundation \$89,800.00

Does a spirituality program impact on psychological well-being, quality of life and spirituality in distressed individuals presenting at an alternative therapy clinic or in the primary care setting? A randomized controlled trial.

Investigator: Sabine Moritz. Co-Investigator: Badri Rickhi

Funder: Medical Services Budget Innovation Fund of Alberta Health and Wellness, \$50,200.00 and the George Family Foundation \$25,000.00

Duloxetine versus Venlafaxine. Extended release in the treatment of major depressive disorder

Protocol dated: December 10, 2002

Investigator: Dr. Robin Reesal, Sub Investigators: Dr. Badri Rickhi, Dr. Linda Hames Sponsor Eli Lilly and Company

Efficacy and Safety of Agomelatine: Phase 3 Development Study

Protocol #: CL3-20098-43 April 24, 2002

Investigator: Prof. R Emsley, Prof, S Kennedy R. Reesal, Sub Investigators: Dr. Badri Rickhi,

Generalized Anxiety Disorder: Phase 3 Escitalopram

Clinical Trial Id: 99769 April 25, 2002

Investigator: Line Elmoe Glesner, H Lundbeck, R. Reesal Sub Investigator: Dr. Badri Rickhi

Ongoing Research Projects

Development & Undertaking of A4+ Research Program – A Peruvian herbal product for liver conditions.

October 2008 – undetermined. Privately Funded

Development of a Nutritional Study – Pure North S'Energy Project – Improving the health of people living in Northern Latitudes through improved Nutrition

February 2007 – undetermined. Privately funded

Orthomolecular therapy as add-on treatment for children with asthma – a preliminary investigation of effectiveness and pilot of study procedures.

Principal Investigator: Sabine Moritz Co-Investigator: Badri Rickhi

December 2006-November 2009. Funded by the Hospital for Sick Kids Foundation

Development and Pilot of a Spirituality Teaching Programme for Depressed Teens.

Principle Investigator: John Toews Co-Investigators: Sabine Moritz, Badri Rickhi

February 2007- January 2009. Funded by the Hospital for Sick Kids Foundation

Integrative Treatment of Myasthenia Gravis

Principal Investigator: Sabine Moritz Co-Investigator: Badri Rickhi

June 2006 – undetermined. Privately funded.

INVITED ADDRESSES

Nominated and on short list for Dr. Rogers Prize, Vancouver B.C., October 2007

Invited Lectures (1998 – 2008)

Rickhi, B. The role of the community to heal and prevent illnesses such as suicide - a Scientific review. Sri Narayani Hospital & Research Centre. Vellore, India January 29, 2009

Rickhi, B. Integrating Complementary and Alternative Medicine and Mental Health. 1st International Conference on Alternative Medicine and Mental Health. Toronto May 23, 2008

Rickhi, B. Erasing Regrets: Freeing our Spirit. Mount Royal Wellness & Holistic Health Conference. Calgary May 9, 2008.

Rickhi, B. Mindfulness Meditation. Exploring Health and Healing Conference. The Banff Centre, Banff Alberta. February 26, 2008.

Rickhi, B & Toews, J. Is Spirituality an Antidote to Depression? Exploring Health and Healing Conference. The Banff Centre, Banff Alberta February 26, 2008

Rickhi, B. Guided Meditation. Executive Directions, Calgary, July 2007

Rickhi, B & Guarneri, M. The Mind-Heart Connection. Calgary Health Region – Exploring Health & Healing: Connecting Body, Mind & Community. October 24-26, 2006. Banff, Alberta.

Rickhi, B. Connecting Feminine Energy and Spirituality. Indiva Social Club, Calgary, June 27, 2006

Rickhi B. "A Scientific Paradigm for Complementary Medicine" January 26, 2005, Distinguish Lecture Series: University of Medicine and Dentistry of New Jersey, Newark, New Jersey, USA.

Rickhi B. What we can learn from Eastern philosophies to enhance our therapeutic techniques. Canadian Group Psychotherapy Association Meeting, Calgary, November 2000.

Rickhi B. An Introduction to Alternative Medicine. Bow Valley Club, Calgary, November 2000.

Rickhi B. Is there a Science to Spiritual Practice? Presented at the Annual Conference of the Canadian Complementary Medical Association, Banff, October 2000.

Rickhi B. White House dinner invitation, USA Senators Health Committee on the future of medicine, Washington, November 2000.

Rickhi B. Alternative Medicine Approaches. Glencoe Club, Calgary, July 2000.

Rickhi B. Alternative Cancer Therapies. The Lil Faider Lecture Series, Canadian Cancer Society, Calgary, November 1999.

Rickhi B. Psychiatry and Complementary Medicine - Common Alternate Medications Used. 1999-2000 Evening Course Programme, Faculty of Medicine, Continuing Medical Education, October 1999.

Rickhi B. Holistic Health Care - Integrating your Body and Spirit. The Grace Women's Health Conference, Calgary, March 1999.

Rickhi B. Keynote Lecture: Breaking Personal Boundaries - Going Beyond. Alberta Association of Social Workers General Meeting and Annual Conference, Calgary, March 1999.

Rickhi B. Research in Alternative Medicine. The 8th Hour Lecture Series, 8th and 8th Health Centre, Calgary Regional Health Authority, Calgary, January 1999.

Rickhi B. Wellness;The Future Medicine. Chapters Presentation, Calgary, January, 1999.

Rickhi B. Overview of Eastern healing philosophy and alternative concepts and theories related to addiction. Alternative Medicine, Wellness and Addiction Course, AADAC Training and Communication Services, January 1999.

Rickhi B. Alternative Therapies for Multiple Sclerosis. Multiple Sclerosis Society of Canada, 1998 Conference of MS and Complementary Treatments, Calgary, October 1998.

Rickhi B. Coping Strategies for Bipolar Disorder. The Organization for Bipolar Affective Disorder Society, 1998 Conference on Living with Bipolar Disorder, Calgary, September 1998.

Rickhi B. Alternative and Complementary Medicine Seminar, Institute for International Research, Vancouver, March 1998.

Rickhi B. The case for complementary medicine. Spring 1998 Meeting of the Alberta Medical Association, Edmonton, March 1998.

PUBLICATIONS

Publication in a Peer Reviewed Journals

Moritz, S; Kelly, M; Angen, M; Rickhi, B; Quan, H; Toews, J. A home-based spirituality education programme: Qualitative Exploration of Participants' Experiences. Journal of Complementary and Integrative Medicine, Volume 3, Issue 2, Article 7, p. 27. Abstract (2006)

Moritz, S.; Quan, H; Rickhi, B.; Liu, M; Angen, M.; Vintila, R.; Sawa, R.; Stuart, H.; Soriano, J.; Toews, J. A home-based spirituality education programme decreases emotional distress and increases quality of life - a randomized controlled trial. Alternative Therapies in Health and Medicine 12(6): pp. 26-35 (Nov/Dec 2006)

Kathi J Kemper , Lisa D Butler , Tim Culbert , David Eisenberg , Paula Gardiner , Susan Gaylord , Ron Glick , Jeffrey I Gold , Mary P Guerrero , Roseanne Harrigan , Mary Jo Kreitzer , Roberta Lee , Thomas W McLean , Karen Olness , John Pan , Robert Pettignano , Badri Rickhi , Lawrence Rosen , O J Sahler , Victor Sierpina , Jennie C I Tsao , Sunita Vohra , Joy Weydert , Lonnie Zeltzer , William T Zempsky. Explore (NY). 2006 Sep ;2 (5):386-387 16979098 Pediatric guidelines.

Kelly, M.; Hardwick, K., Moritz, S.; Kelner, M.; Rickhi, B; Quan, H. Towards Integration: The Opinions of Health Policy Makers on Complementary and Alternative Medicine. Evidence-Based Integrative Medicine, Volume 2, Number 2, 2005, pp. 79-86(8)

Moritz, S., Kelly, M.; Vintila, R.; Quan, H, Verhoef M., Hardwick K., Rickhi, B. Preferred Models of Integrative Care: A Survey of CAM Practitioners and General Medical Practitioners. Evidence-Based Integrative Medicine, Volume 2, Number 2, 2005, pp. 71-77(7)

Moritz S, Quan H, Liu MF, Rickhi B, Li B, Xu TJ, Paccagnan P, Acupuncture for Lower Back Pain and Health Resource Use. Focus on Alternative and Complementary Therapies. 10(Suppl. 1) p. 39 Abstract (2005)

Kelly M, Hardwick K, Moritz S, Kelner M, Rickhi B, Quan H. Opinions of Health Policy Makers on Integration of Complementary and Conventional Medicine. Focus on Alternative and Complementary Therapies. 10(Suppl. 1) p. 40 Abstract (2005)

Moritz, S., Vintila, R.; Quan, H, Verhoef M., Hardwick K., Rickhi, B. Preferred Integration Models: A survey of medical doctors and CAM practitioners. Focus on Alternative and Complementary Therapies. 9(Suppl. 1) p. 33 Abstract (2004)

Moritz, S., Quan, H, Rickhi, B., Angen, M.; Vintila, R.; Sawa, R.; Stuart, H.; Soriano, J. A spirituality programme for emotional distress – a randomized controlled trial. Focus on Alternative and Complementary Therapies. 9(4) p. 523 Abstract (2003)

Rickhi B.; Quan H.; Moritz S.; Stuart H.; Arboleda-Flórez J. Mental Disorders and Reasons for Using Complementary Therapy. Canadian Journal of Psychiatry Aug. 2003 Vol. 48

Thorne, S., Best, Al, Balon, J., Kelner, M., & Rickhi, B. (2002). Ethical dimensions in the borderland between conventional and complementary/alternative medicine. The Journal of Alternative and Complementary Medicine 8 (6), 907-915

Advisory Group on Complementary and Alternative Practices and Therapies, Health Systems Division, Health Canada. Perspectives on Complementary and Alternative Health Care – A Collection of Papers Prepared for Health Canada. Spring 2000. III: The Need for Guidelines: Ethical Issues in the Use of Complementary and Alternative Health Care in Canada Today. IV: Towards an Integrative Health System.

Lapierre YD, Joffe R, McKenna K, Bland R, Kennedy S, Ingram P, Ressel R, Rickhi BG, Beauclair L, Chouinard G, Annable L Moclobemide versus fluoxetine in the treatment of major depressive disorder in adults. J Psychiatry Neurosis. 1997 Mar; 22(2):118-26 PMID:9074306

Lippman DH, Lowy FH, Rickhi B. Attitudes of Ontario Psychiatrists Toward Health Insurance. Can Med Assoc J. 1981 Jul 15;125(2):167-70.

Text Book Chapter

Rickhi B., Persad E. Pharmacotherapy (Chapter). For a Collective Work ‘Personality and Behaviour Disorders’ – John Wiley and Son Inc., Publishers, New York, 1984.

Other Publications

Rickhi, B. Healthier Living: The Healing Power of Home Remedies – Readers Digest August 2006

Moritz, S., Quan, H, Rickhi, B., Angen, M.; Vintila, R.; Sawa, R.; Stuart, H.; Soriano, J. Does a spirituality programme impact on psychological well-being, quality of life and spirituality levels in distressed

individuals - a randomized controlled trial. Final project report submitted to the study funders (Alberta Health and Wellness and Alberta Medical Association), June, 2002.

Rickhi, B. Caring for the Dying. Calgary Herald - Weekly Vitality Section, August 31, 2000.

Rickhi, B. Spirituality seeping into health care. Calgary Herald - Weekly Vitality Section, February 17, 2000.

Rickhi, B. The Melatonin Controversy. Calgary Herald - Weekly Vitality Section, January 20, 2000.

Moritz, S., Rickhi, B., Quan H., Atkinson M. Does a spirituality programme impact on psychological well-being, quality of life and spirituality levels in distressed individuals - a randomized controlled trial. Research proposal funded by the Alberta Medical Association and Alberta Health and Wellness, January 2000.

Rickhi B. Alternative/Complementary Therapies for Headaches. Headache Society of Southern Alberta Newsletter, Fall 1998

Quoted Sources in Publications

Tongeguzzi, Mario. Spirituality's impact on depression focus of study. Calgary Herald. Published May 9, 2005

Tongeguzzi, Mario. Calgary to lead way for Holistic research. Calgary Herald. Published February 7, 2005

Gray, Donna. Children, depression subjects sought. Calgary Herald. Published January 6, 2005

Chapman, Sarah. Meditation battles the blues. Calgary Herald. Published July 8, 2004

Kaufmann, Bill. Method can lift your spirits. Calgary Sun. Published July 8, 2004

Millman, Howard. Sound and Light as a Stress Reducer. New York Times Published Jan 30, 2003

Peer Reviewed Conference Presentations

Moritz S, Rickhi B, Quan H, Xu TJ, Urbanska B, Reesal R, Ewing H, Liu MF, Toews J. A Spirituality Program for Depression - a Randomized Controlled Trial. 13th Annual Symposium on Complementary Health Care. Exeter (UK), December 2006.

Xu TJ, Moritz S, Rickhi B, Malyszka MJ, Paccagnan P, Reesal R. Recruitment Experience of a Clinical Trial on a Spirituality Teaching Programme for Depression. 13th Annual Symposium on Complementary Health Care. Exeter (UK), December 2006.

Xu TJ, Moritz S, Rickhi B, Malyszka MJ, Paccagnan P, Reesal R. Recruitment Experience of a Clinical Trial on a Spirituality Teaching Programme for Depression. Third Annual Canadian Interdisciplinary Network for Complementary and Alternative Medicine Research Symposium, Calgary, November 2006

Moritz S, Quan H, Liu MF, Rickhi B, Scholten J. Chiropractic Use for Low back pain and Health Services Utilization. North American Research Conference on Complementary and Integrative Medicine. Edmonton, May 2006.

Moritz S, Quan H, Liu MF, Rickhi B, Li B, Xu TJ, Paccagnan P, Acupuncture for Low Back Pain and

Health Resource Use. North American Research Conference on Complementary and Integrative Medicine. Edmonton, May 2006.

Kelly M, Hardwick K, Moritz S, Kelner M, Rickhi B, Quan H. Opinions of Health Policy Makers on Integration of Complementary and Conventional Medicine. North American Research Conference on Complementary and Integrative Medicine. Edmonton, May 2006. North American Research Conference on Complementary and Integrative Medicine. Edmonton, May 2006.

Moritz S, Kelly M, Angen M, Quan H, Toews J, Rickhi B. The Impact of a home-based spirituality education programme: Qualitative exploration of participants' experiences. North American Research Conference on Complementary and Integrative Medicine. Edmonton, May 2006.

Moritz S, Quan H, Liu MF, Rickhi B, Li B, Xu TJ, Paccagnan P, Acupuncture for Lower Back Pain and Health Resource Use. 12th Annual Symposium on Complementary Health Care. Exeter (UK), September 2005.

Kelly M, Hardwick K, Moritz S, Kelner M, Rickhi B, Quan H. Opinions of Health Policy Makers on Integration of Complementary and Conventional Medicine. 12th Annual Symposium on Complementary Health Care. Exeter (UK), September 2005.

Moritz, S., Vintila, R.; Quan, H, Verhoef M., Hardwick K., Rickhi, B. Preferred Integration Models: A survey of medical doctors and CAM practitioners. 10th Annual Symposium on Complementary Health Care. Exeter (UK), November 2004

Moritz, S., Quan, H, Rickhi, B., Angen, M.; Vintila, R.; Sawa, R.; Stuart, H.; Soriano, J. Does spirituality program impact on psychological well-being, quality of life and spirituality in distressed individuals: Results from a randomized controlled trial. A North American Multidisciplinary Conference: Spirituality and Health. Calgary, May 2004.

Moritz, S., Quan, H, Rickhi, B., Angen, M.; Vintila, R.; Sawa, R.; Stuart, H.; Soriano, J. A spirituality programme for emotional distress – a randomized controlled trial. 10th Annual Symposium on Complementary Health Care. London (UK), November 2003.

Moritz, S., Quan, H, Rickhi, B., Angen, M.; Vintila, R.; Sawa, R.; Stuart, H.; Soriano, J. Does spirituality programme impact on psychological well-being, quality of life and spirituality levels in distressed individuals - a randomized controlled trial. Second Canadian Interprofessional Conference on Spirituality and Health Care. Toronto, October 2002.

Moritz S, Rickhi B, Quan H, Atkinson M, Sawa R, and Soriano J. Does spirituality program impact on psychological well-being, quality of life and spirituality in distressed individuals: Experiences from a randomized controlled trial. A North American Multidisciplinary Conference: Spirituality and Health. Calgary, May 2001.

Rickhi B, Quan H, Moritz S, Stuart H, Arboleda-Florez J. Comparing Characteristics of Psychiatric and non-Psychiatric Patients at a Complementary Therapy Clinic. The Littman Research Day. Calgary, March 2001.

Rickhi B, Quan H, Moritz S, Stuart H, Arboleda-Florez J. Medical diagnosis, characteristics and quality of life of patients seeking therapy at a Canadian complementary medicine. 4th World Congress of Medical, Acupuncture and Natural Medicine. Edmonton, August 2000.

Rickhi B. Will Modern Medicine Change or Self-Destruct? 5th Reunion Conference, University of the West Indies, July 1998.

Poster Abstracts

Hardwick, K; Rickhi, B. Exploring the State of Integrative Medicine: Obstacles and Solutions. Complementary & Alternative Medicine Education & Research Network of Alberta. June 2004

Moritz, S; Rickhi, B. Does a Spirituality Program Impact on Psychological Well Being. North American Multidisciplinary Conference – Spirituality and Health, University of Calgary, Faculty of Medicine May 2001

Media Relations

Video

- Workshop in Spirituality Part 1 – with C-1 Film Productions 1996 On Wisdom Channel
- An Introduction to Energy Medicine With C 1 Film Production 2001 (George Family Foundation)
- Beyond Medicine Partners in Motion Inc, Merry Dancer Media Inc on Women’s Television Network [13 part series]
- Running on Empty - Barb Higgins Producer
- Introduction to NUCCA - C 1 Film Production
- A New Look at Aging - [6 part series] Mount Royal College and White Iron Productions

Audio

- Workshop in Spirituality Part 2 – with C-1 Film Productions 1998
- Workshop in Spirituality Part 3 – with C-1 Film Productions 1999
- The Cosmic Game Series I and II 2006

Television and Radio Interviews

- Calgary Herald February 3, 2005: Complementary and alternative health therapies
- CBC Radio Interview Nov.24, 2004: Complementary Medicine
- CBC Radio Interview July 8, 2004: Spirituality for Depression
- Shaw Television Interview July 7, 2004: Spirituality and Depression
- Calgary A Channel Interview May 1, 2003: Acupuncture
- Calgary A Channel Interview May 2, 2003: Spirituality and Health
- QR77 Radio (Dave Taylor) Interview August 6, 2003: Spirituality and Health